

*Day Surgery Unit : Rochdale Infirmary*

**GUIDELINES FOR ANALGESIC PRESCRIBING  
(TTO's) FOLLOWING  
PAEDIATRIC DAY- CASE SURGERY**

<b>PAIN</b>	<b>SCORE</b>	<b>TREATMENT</b>
<b>MILD PAIN</b> e.g. Minor peripheral surgery.	[0-3]	<b>PARACETAMOL*</b> 15 mg / kg 4-6 hourly regularly for 48 hours then PRN. <b>PACK (1)</b>
<b>MODERATE PAIN</b> e.g. Teeth extraction Circumcision.	[4-7]	<b>IBUPROFEN**</b> 5 mg / kg QDS prescribe regularly for 2 days then PRN <b>PACK (2)- PAEDIATRIC</b>
<b>SEVERE PAIN</b> e.g. Orchidexy Inguinal hernia repair.	[8-10]	<b>IBUPROFEN**</b> 5 mg / kg QDS prescribe regularly for 2 days then PRN <b>PACK (2)- PAEDIATRIC</b>  <b>Plus</b> <b>CODEINE PHOSPHATE</b> Elixir 0.5 mg / kg QDS Prescribe regularly for 2 days then PRN <b>PACK (3)- PAEDIATRIC</b>

\* Maximum 90 mg / kg in 24 hours but not for more than 2 days.  
The loading dose for paracetamol is 20 mg / kg orally and 30 mg / kg rectally.

\*\* Maximum dose 40 mg / kg in 24 hours. Avoid in children with history of GIT ulceration bleeding disorders, asthma, cardiac, renal or hepatic impairment. Substitute paracetamol instead.

**N.B.** Ibuprofen can be taken concurrently with additive effect.

Rochdale Infirmary : Day Surgery Unit

**GUIDELINES FOR ANALGESIC PRESCRIBING  
(TTO's) FOLLOWING ADULT DAY SURGERY**

Pain	Score	Treatment
MILD PAIN, cystoscopy, minor peripheral surgery.	[0-3]	<b><u>PARACETAMOL</u></b> 1 g qds. Regularly for 48 h. then prn.
MODERATE PAIN, Breast lumps, circumcision, Varicose veins, anal surgery D&C, TOP, and Hystrescopy	[4- 7]	<b><u>COCODAMOL</u></b> <b><u>30 / 500</u></b> 1 or 2 tabs 4-6 h. regularly for 48h. then prn.
Wisdom teeth extraction		<b><u>IBUPROFEN**</u></b> <b><u>400 mg. tds, regularly</u></b> <b><u>for 48 h. then prn.</u></b>
SEVERE PAIN, Laparoscopy, hernia repair Testicular surgery e.g. Vasectomy, Arthroscopy	[8-10]  <b><u>Plus</u></b>	<b><u>COCODAMOL</u></b> <b><u>30 / 500</u></b> 1 or 2 tabs 4-6 h. regularly for 48h. then prn.
		<b><u>IBUPROFEN**</u></b> <b><u>400 mg. 8 h. regularly</u></b> <b><u>for 48h. then prn.</u></b>

\*\* OMIT IBUPROFEN in patients with peptic ulcer,  
bleeding disorders, renal failure or aspirin – sensitive  
Asthma. INSTEAD USE COCODAMOL 30 / 500